

Memento Reflection

Purpose: This memento is a small object that holds a big memory from your learning **journey**. Use the prompts below to reflect on a moment, insight, or feeling you want to **carry forward** on your path.

Part 1: My Memento

- **What did you paint or draw on your rock?**
Describe colors, symbols, words, or patterns.
- **Why did you choose this design?**
What does it represent to you?

Part 2: The Moment on My Journey

- **What moment, idea, or feeling from your journey does this memento help you remember?**
- **Why is this important to you right now?**

Part 3: Carrying It Forward

- **As you continue on your path, what do you hope this memento reminds you to do, think, or feel?**
- **Where will you keep your memento so it continues to guide you on your journey?**

Optional Prompts (Choose One)

- *One word that represents this part of my journey: _____*
- *A sentence that begins with: “**I want to carry forward...**”*
- *A symbol on my rock that represents my path: _____*
- *A destination I’m moving toward: _____*
- *A sentence that begins with: “**I want to remember...**”*
- *A symbol on my rock that matters most: _____*

Closing Thought

A journey is made of small moments. This memento is a reminder of where you’ve been—and where you’re headed.

Name: _____ **Date:** _____